## CMS REFORM OF REQUIREMENTS FOR LONG-TERM CARE FACILITIES: IMPACT ON PHARMACY SERVICES: PHASE 2 – BEGINS 11/28/17



- The Medicare and Medicaid Programs Reform of Requirements for Long-Term Care Facilities include several changes to Pharmacy Services for Phase 2
- General requirements and Pharmacy Action Plan are found below

## UPDATED DEFINITION OF "PSYCHOTROPIC DRUG"

"Drug that affects brain activities associated with mental processes and behavior," including

- Anti-psychotics
- Anti-depressants
- Anti-anxiety
- Hypnotics

All psychotropic drugs will be held to the same standards

GDRs, behavioral interventions for **all** psychotropics

### PRN PSYCHOTROPIC DRUGS

PRN orders for psychotropic drugs are limited to 14 days\*

#### Includes:

- Anti-depressants
- Anti-anxiety
- Hypnotics

\*To extend a PRN order past 14 days, the prescriber must

- <u>Document</u> their rationale in the medical record
- Indicate the <u>duration</u> for the PRN order

### **PRN ANTIPSYCHOTICS**

PRN orders for antipsychotic drugs are limited to 14 days. NO EXCEPTIONS

Cannot be renewed unless the prescriber evaluates the resident for the appropriateness of that medication

After the evaluation, a <u>new order</u> could be written for 14 days

### OTHER IMPORTANT REQUIREMENTS

§483.75 Initial **QAPI** Plan: Present to state survey agency

§483.80 Antibiotic Stewardship:

Antibiotic protocols A system to monitor antibiotic use

Discharge
Summary/Medication
Reconciliation of predischarge and postdischarge medications

### PHARMACY ACTION PLAN

## GDRs (Gradual Dose Reductions) for all psychotropics.\*\*

- Twice in the first year
- Annually thereafter

Your Remedi Consultant Pharmacist will assist to:

- Identify opportunities for GDRs
- Prompt prescribers for periodic reevaluation
- Prompt facility to update documentation

Remedi SeniorCare will provide a reminder notification to facility via:

### Fax Memo:

 Reminds staff of CMS requirements to document rationale and duration of therapy if >14 days

#### MyRemedi MedAlert:

 Individuals may subscribe to MedAlerts to receive the CMS reminder via email or text

# Remedi SeniorCare will call the facility to clarify any PRN antipsychotic order if:

- The order is for >14 days, or
- No duration of therapy is indicated

After a clarifying response is received from the facility, the order will be processed and dispensed.

### **QAPI Plan**

Visit MyRemedi for medication monitoring and quality metrics

- Medication Summary Dashboard
- Psychotropic Dashboard

### **Antibiotic Stewardship**

MyRemedi's Antibiotic Dashboard provides clinical, process, and outcome metrics for your stewardship

Print a pre-populated Medication Discharge Summary and Drug Monographs

Real-time data, metrics and order information can be accessed from the Psychotropic Dashboard in MyRemedi